



# Insta Energy Savings

Read the "Efficiency and Conservation" section of the *Secondary Energy Infobook*.

What efforts do you make to use less energy each day? Take a picture of yourself saving energy. Include three tips or suggestions encouraging your friends to use less energy, too. Create a draft in the template below, or, draw a picture of an energy-saving action employed in the box below and include three energy saving tips in the comment area. Post it on social media, if you like and are able. For extra fun, design or plan a second post, showing how you can do your part to help energy savings at the ballpark!

The form is a template for an Instagram post. At the top, there is a camera icon on the left, the word "Instagram" in the center, and a location tag icon on the right. Below this is a row containing a circular profile picture placeholder and a three-dot menu icon. The main body of the form is a large empty rectangular box for the post content. At the bottom of this box are four icons: a heart (likes), a speech bubble (comments), a share icon, and a bookmark icon. Below the post area is a horizontal line, followed by another horizontal line, and then a bottom navigation bar with five icons: a home icon, a magnifying glass (search), a plus sign (post), a heart (likes), and a person icon (profile).