

Home Energy Usage

Question

How much energy does your family use on an average day? In order to analyze how much energy your family uses, you need to be aware of all the energy consuming activities going on in your home. Each hour, record the energy consuming devices in use in your home. Encourage family members to write down their activities on the log, too. Use additional paper as needed. Don't forget to include devices that run automatically, such as a refrigerator or air conditioner.

24 Hour Log Sheet

Home Energy Usage Date:	
12:00am	12:00pm
1:00am	1:00pm
2:00am	2:00pm
3:00am	3:00pm
4:00am	4:00pm
5:00am	5:00pm
6:00am	6:00pm
7:00am	7:00pm
8:00am	8:00pm
9:00am	9:00pm
10:00am	10:00pm
11:00am	11:00pm

